



# SACRAMENTO FOOD BANK & FAMILY SERVICES

*Serving Sacramento's families in need since 1976*

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## FOR IMMEDIATE RELEASE

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## FREE SERVICES NOW AVAILABLE TO SACRAMENTO FAMILIES DURING EVENING HOURS

SACRAMENTO, CA – Beginning in May Sacramento residents can now access free programs at Sacramento Food Bank & Family Services (SFBFS) during the evening. In an effort to best meet the needs of local families experiencing hardship, especially those who work during the day, SFBFS will now offer food, clothing and parenting supplies on Monday evenings in North Sacramento and Wednesday evenings in Oak Park starting May 4.

**SFBFS – Oak Park**  
3333 3<sup>rd</sup> Avenue  
Sacramento, CA 95917

**SFBFS – Saca CLC (North Sacramento)**  
2469 Rio Linda Blvd  
Sacramento, CA 95815

**Wednesday 4-7pm**  
(Food, clothing, parenting supplies)

**Mondays 6-8pm**  
(Computer use, parenting supplies)

SFBFS works with clients on a daily basis who are faced with challenges brought on by the current economic climate. SFBFS encourages any family having a tough time making ends meet, even temporarily, to visit either facility to receive quality goods served in a dignified manner.

Visitors to SFBFS can receive emergency groceries through the Food Assistance program; men's, women's and children's clothing through the Clothing program; and parenting supplies such as diapers and formula through the Mother-Baby program in Oak Park. At the North Sacramento facility, parenting supplies will be offered through the Mother-Baby program along with computer classes and use of a computer lab. All services are provided at no cost. Client eligibility requirements for services are listed online at [www.sfbs.org](http://www.sfbs.org) (financial information is never a requirement).

Fr. Dan Madigan founded Sacramento Food Bank & Family Services as a non-profit organization in 1976. Over time, SFBFS expanded to meet growing needs and now offers 11 diverse programs at two facilities in Sacramento. A staff of 35 and several thousand volunteers accomplish SFBFS's mission of assisting those in need by alleviating their immediate pain and problems and by moving them toward self-sufficiency and financial independence.

Clients seeking additional information regarding SFBFS programs are encouraged to visit [www.sfbs.org](http://www.sfbs.org). Anyone interested in volunteering should contact the Volunteer Services Manager: [volunteer@sfbs.org](mailto:volunteer@sfbs.org)

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