



SACRAMENTO FOOD BANK & FAMILY SERVICES

Serving Sacramento's families in need since 1976

FOR IMMEDIATE RELEASE

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SUMMER FOOD DRIVE AT SAFEWAY

SACRAMENTO, CA – Sacramento Food Bank & Family Services (SFBFS) will benefit from a summer food drive at all Sacramento Safeway grocery stores. From July 13-August 1, 14 Sacramento area Safeway stores will host collection barrels in an effort to gather non-perishable food items. Donations of food items typically decline over the summer months, yet more families are in need than ever before. On a daily basis, SFBFS provides a 3-5 day supply of healthy groceries to approximately 500 men, women and children. Many items include fresh vegetables, dairy, meat, bread and non-perishable goods such as pasta, rice, sauce and canned fruit. Safeway will be encouraging shoppers to purchase a few extra items at the check-stand to donate to SFBFS.

Items on the summer food drive shopping list include:

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|-----------------------|------------------------------|-----------------|
| * Breakfast cereals | * Dry soups | * Nuts |
| * Oatmeal (low sugar) | * Boxed meals | * Rice |
| * Mac & Cheese | * Canned fruits & vegetables | * Dried Fruit |
| * Ramen | * Canned tuna | * Peanut butter |
| * Pasta (whole wheat) | * Jellies | |

What: Summer Food Drive

Where: All Sacramento area Safeway grocery stores

When: July 13-August 1, 2009

Why: To provide groceries related to healthy living at no cost for families in need

Who: Everyone can make a contribution to the food drive

Sacramento Food Bank & Family Services, a local non-profit organization, serving families and individuals in need, was founded in 1976. Over time, SFBFS expanded to meet growing needs and now offers ten diverse programs at two facilities in Sacramento. A staff of 35 employees and several thousand volunteers accomplish SFBFS's mission of assisting those in need by alleviating their immediate pain and problems and by moving them toward self-sufficiency and financial independence. Additional SFBFS information is available online at www.sfbs.org

Information regarding Safeway can be found online at www.safeway.com

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