



# SACRAMENTO FOOD BANK & FAMILY SERVICES

*Serving Sacramento's families in need since 1976*

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## FOR IMMEDIATE RELEASE

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## FREE FAMILY HEALTH FAIR FEATURING 20 LOCAL AGENCIES

SACRAMENTO, CA – Sacramento Food Bank & Family Services (SFBFS) is partnering with Albie Aware Foundation, a local breast cancer awareness organization, to host a family health fair on **June 10**. In an effort to better serve local families experiencing hardship, 20 agencies will offer services such as nutritional cooking demonstrations, health exams and options for affordable health insurance all at no cost. St. Joseph's Mobile Mammography Unit, a full-service, self-contained mammography clinic on wheels featuring state-of-the-art digital technology, will also be at the event providing free mammograms to women on site. Additional health screenings, such as blood pressure, will be available at the event. A bounce house, arts & crafts, healthy snacks and face painting will be available for all children.

The Family Health Fair will take place in the evening, from 4-7pm, to accommodate working families. SFBFS' regular services such as food, clothing and parent supplies will also be available during the event.

### **What: Family Health Fair**

**Where: SFBFS – 3333 3<sup>rd</sup> Avenue (34<sup>th</sup> & Broadway)**

**When: June 10, 4-7pm**

**Why: To provide free goods and services related to healthy living for families in need**

**Who: Everyone is welcome to attend**

**Women interested in free mammograms should call (916) 927-1592 to register**

Sacramento Food Bank & Family Services, a local non-profit organization, serving families and individuals in need, was founded in 1976. Over time, SFBFS expanded to meet growing needs and now offers 11 diverse programs at two facilities in Sacramento. A staff of 35 employees and several thousand volunteers accomplish SFBFS's mission of assisting those in need by alleviating their immediate pain and problems and by moving them toward self-sufficiency and financial independence.

Albie Aware was created in memory of Albie Carson, a Sacramento resident who succumbed to breast cancer in 2002. Albie Aware is committed to saving more lives and empowering people with breast cancer through awareness, education and support.

Additional SFBFS information is available online at [www.sfbs.org](http://www.sfbs.org)

Additional Albie Aware information is available online at [www.albieaware.org](http://www.albieaware.org)

Additional St. Joseph's Mobile Mammography information available online at [www.stjosephscares.org](http://www.stjosephscares.org)

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