



SACRAMENTO FOOD BANK & FAMILY SERVICES

Serving Sacramento's families in need since 1976

FOR IMMEDIATE RELEASE

July 8, 2009

Contact: Kelly Siefkin

(916) 456-1980 or (916) 752-0442

kelly@sfbs.org

SACRAMENTO AREA COMMUNITY BABY SHOWER

SACRAMENTO, CA – Sacramento Food Bank & Family Services (SFBFS) is partnering with Switch Community Outreach Association (SCORA) to host a Sacramento Area Community Baby Shower on Saturday, **July 11**. The festivities will take place at SFBFS' Saca Community Learning Center in North Sacramento. Fifty expectant mothers in need have been selected by local non-profit agencies to be showered with gifts from the community. The new moms will celebrate the day with food, games, gifts, raffles and educational information about breastfeeding, health and dental care, immunizations, child development and much more. The event came about in an effort to provide families in need with essential baby items, while helping minimize the risk of child abuse and neglect through education. SCORA and other community agencies provided gifts for the baby shower at no cost.

If you are an expectant mother or a new parent and would like to receive free services from Sacramento Food Bank & Family services, please visit www.sfbs.org for Mother-Baby program information. If you'd like to support SFBFS; mission, you can donate gently used baby items at our facility in downtown Sacramento or donate online at www.sfbs.org.

What: Community Baby Shower

Where: Saca Community Learning Center – 2469 Rio Linda Blvd, Sacramento 95815

When: July 11, noon-3pm

Why: To shower expectant mothers with free goods and services, helping families in need

Who: 50 expectant mothers pre-selected by local agencies. All slots filled.

Founded in 1976, Sacramento Food Bank & Family Services serves families and individuals in need. Over time, SFBFS expanded to meet growing needs and now offers ten diverse programs at two facilities in Sacramento. A staff of 35 employees and several thousand volunteers accomplish SFBFS' mission of assisting those in need by alleviating their immediate pain and problems and by moving them toward self-sufficiency and financial independence. Additional information about SFBFS is available online at www.sfbs.org.

Switch Community Outreach Association (SCORA) offers a wealth of services that promote family well-being, self-empowerment, education and community outreach. SCORA was organized to educate, engage and support at-risk individuals and families before a crisis situation may occur.

#